



TRAIN WITH THE BEST

2008 MN/USA Wrestling Cadet National Training Camp Official Invitation (PLEASE READ COMPLETELY)

You are hereby invited to attend the MN/USA Cadet National Training Camp. You may choose either style to compete in. There are no guaranteed spots on the teams, unless you are a returning All-American or unless you finished in the top 3 at a USA Wrestling Cadet Regional National Tournament. Spots on the national team are earned at camp by hard work. Please indicate on your registration form which camp and style (or styles if both) you wish to compete. If you wish to participate in both styles please refer to the team selection letter on our website.

The Greco Camp will take place Sunday July 13th to Friday July 18th at Augsburg College. This year's Greco Head Coach will be Dave Kouri. Check in will be at Anderson Hall at 9:00 AM, Sunday July 13th. Check out will be approximately 9:00 am on Friday July 18th from Anderson Hall. Departure for Fargo for those wrestlers that have made the team will be on Friday July 18th from Augsburg, immediately after check out. The Freestyle Camp will take place from Wednesday, July 16th to Sunday July 20th at Augsburg College. This years Head Freestyle Coach will be Randy Baker. Check in will be at the Anderson Hall at 1:00pm Wednesday July 16th. Check out will be approximately 2:00pm on Sunday July 20th. Departure for Fargo will be on Tuesday July 22nd at various sites and times to be determined at camp. The coaching staff for both camps is the nation's best!

The cost of the camp will be **\$375.00** Please fill out the registration form found at the following website: http://www.themat.com/eventfliers/2008/Waivers/2008Fargo_waiver.pdf, along with the parent consent form and return the forms with your **\$375** camp fee no later than Wednesday, July 9th. All wrestlers requesting to participate in both styles please submit your letter and additional **\$100.00**. The only acceptable form of payment by mail or on-site will be a **CASHIERS CHECK or MONEY ORDER**, payable to Minnesota USA Wrestling or **Credit Card (Visa/MasterCard)**. (NO EXCEPTIONS!!). If you request to have a spot on BOTH teams and are chosen for a spot on the Freestyle Team the **\$100.00 crossover fee** will become non-refundable. The only case in which the crossover fee shall be refundable is if the MN/USA coaching staff does not grant you a spot on the Freestyle team or you are red-carded at the Greco tournament due to an injury.

Please come to camp in good condition. This is an intense camp to prepare you for the National Tournament. If you come in good shape, then the coaching staff will be able to lighten your training as the camp progresses. Minnesota has won the National Championship numerous times (including 2005). This will be our goal once again. The coaching staff will make all the decisions as to who makes the team.

Please make sure you have all skin diseases under control, as we cannot jeopardize other wrestlers' health during camp. If you're being treated for any skin condition, then please bring a doctor's permission slip for our camp doctor to review. Our camp doctor makes the final decision on whether you are able to compete or practice. Bring plenty of work out gear, as we have 3 practices per day and you must have clean gear for each session. Coin operated washing machines are available.

We will be taking a bus to Fargo, and we will be staying at the Super 8 Motel & Suites, 3518 Interstate Blvd, Fargo, North Dakota (ND) 58103 phone # is: 701 232 9202 (subject to change).

Greco wrestlers choosing to ride back in the bus will return Monday July 21st. Freestyle Wrestlers will return Friday July 25th. We will stop approximately one hour north of MPLS to allow wrestlers to call parents for rides home if needed. Agendas for the camp and tournament will be available for parents at check-in. NOTICE TO PARENTS: Wrestlers are expected to behave in a manner that meets MN USA Wrestling's high standards. Any behavior that is deemed unacceptable will result in a bus trip home at the expense of the parents. (See parent consent on next page)

OVER

LIST OF THINGS TO BRING TO CAMP:

BE IN GOOD PHYSICAL SHAPE!!

BRING THE RIGHT ATTITUDE!

1 Completed registration and waiver form if it was not already mailed in to the office. It can be found at http://www.themat.com/eventfliers/2008/Waivers/2008Fargo_waiver.pdf

- LINENS (SHEETS/BLANKET)
- ALARM CLOCK
- WORK OUT GEAR – 1 CLEAN SET FOR EACH PRACTICE
- SOCKS, UNDERWEAR, WRESTLING SHOES, HEADGEAR
- CLOTHES FOR NON–WRESTLING TIME
- GEAR BAG
- TOWELS
- RUNNING SHOES
- SOAP- ANTI–BACTERIAL
- PERSONAL CARE ITEMS
- MONEY FOR MEALS IN FARGO
- EXTRA SPENDING MONEY
- PILLOW (if you want an extra one)

Please do not bring more than necessary, as space in the vans will be limited. You may wish to have your extra gear picked-up before the departure to Fargo. Also, please do not bring valuable items with to camp or Fargo, as MN USA Wrestling will not be responsible for lost or stolen items.

The coaching staff is looking forward to working with you!

Parent Consent Form MN/USA Wrestling

As the parent/legal guardian of _____, I give my permission for him to participate in the 2008 Minnesota National Wrestling Training Camp (Greco and/or Freestyle). If selected, I also give my permission for him to participate in the National Tournament held in Fargo, ND. I understand that my athlete will be expected to conduct himself in accordance with reasonable standards of behavior while in training and on the trip as prescribed by MN/USA Wrestling. In the event that my athlete may violate these rules or standards, I understand every effort will be made to reach me at the number listed below in the event it may become necessary to do so. However, you are authorized to put my athlete on a bus, bound towards his hometown, from Fargo or Augsburg College, whether or not you succeed in reaching me. Also, I will reimburse Minnesota/USA Wrestling for the expense of any such transportation at the current rate.

Camp: _____ Greco _____ Freestyle
(You must attend Greco camp if you are planning on competing in both styles at the National Tournament)

Wrestler's Name (Please print) _____

Date of Birth _____ 2008 USA Wrestling Card _____

Address _____ Phone # _____

Parent/Legal Guardian Name (Please Print) _____ Date: _____

Parent/Legal Guardian Signature _____

You will be sharing a room at camp. If you have a preference for a rooming partner, please indicate and we will do our best to assign rooms accordingly: _____.

Method of payment: Circle One: Cashiers Check/Money Order or Credit Card Amount enclosed: \$ _____
(\$375.00 or \$475.00)

Credit Card Information: Please print clearly

Name as it appears on Credit Card _____

Billing Address: _____
(street, city, state, zip)

Telephone Number: _____

Visa or MasterCard (Circle One) Credit Card Number: _____

Expiration Date: _____ 3 digit security code: _____

I authorize to charge the amount indicated in the Amount enclosed field identified above to the card number listed. I verify I am authorized to charge on this account.

(Signature)

(Date)

(Print Name)

Please Return Completed Forms and payment (no personal checks) to:
MN USA Wrestling
PO Box 231
Cannon Falls, MN 55009