



TRAIN WITH THE BEST

2008 MN/USA Wrestling Junior National Training Camp Official Invitation



(PLEASE READ COMPLETELY)

You are hereby invited to attend the MN/USA Junior National Training Camp. You may choose either style to compete in. There are no guaranteed spots on the teams, unless you are a returning All-American or unless you finished in the top 3 at a 2008 USA Wrestling Junior National Regional Tournament. Spots on the national team are earned at camp by hard work. Please indicate on your registration form which camp and style (or styles if both) you wish to compete.

The Greco Camp will take place Sunday July 13th to Thursday July 17th at Augsburg College. This year's Greco Head Coach will be Matt Clark. The coaching staff is the best in the nation. Check in will be at Anderson Hall at 10:00AM, Sunday July 13th. Check out will be approximately 4:00PM on Thursday July 17th from Anderson Hall. Departure for Fargo for those wrestlers that have made the team will be on Saturday July 19th from Augsburg as well as various stops along the way to Fargo as will be determined by the coaching staff during camp. NEW this year: the Freestyle Camp will take place from Thursday July 17th to Monday July 21st at Augsburg College. This year's Head Freestyle Coach will be Sam Barber. The coaching staff is the nation's best. Check in will be at the Anderson Hall at 1:00pm Thursday July 17th. Check out will be approximately 2:00pm on Monday July 21st. Departure for Fargo will be on Wednesday July 23rd at various sites and times to be determined at camp. Please visit www.augsburg.edu for a map of the Augsburg campus as well as directions to it. All workouts will take place in Si Melby Hall.

The Coaching staff's for this year's camps include some of the best clinicians and technicians in the United States. This includes past US National Freestyle Team Members and NCAA Champions. The Greco staff includes current and past USA Greco-Roman stars such as Dan Chandler, Andy Bisek, Chas Betts and Jake Clark.

If you wish to participate in both styles you must submit a letter indicating why you want to compete in both styles. The letter should include any placing at 2008 Regional Tournaments or other information you feel is important for the coach to know. If you are not an automatic qualifier, (placed in the top 3 at any 2008 Freestyle Qualifier) the Freestyle coaches along with the Junior Director will review the requests and based on openings will determine if you are able to compete in both styles. Decisions will be made before the end of Freestyle Camp.

The cost of the camp will be **\$375.00** Please fill out the registration form, parent consent form and return along with your **\$375** camp fee no later than Wednesday, July 9th. All wrestlers requesting to participate in both styles please submit your letter and additional **\$125.00**. The only acceptable form of payment will be a **CASHIERS CHECK or MONEY ORDER**, payable to Minnesota USA Wrestling. (NO EXCEPTIONS!!). If you request to have a spot on BOTH teams and are chosen for a spot on the Freestyle Team the **\$125.00 crossover fee** will become non-refundable. The only case in which the crossover fee shall be refundable is if the MN/USA coaching staff does not grant you a spot on the Freestyle team or you are red-carded at the Greco tournament due to an injury.

Please come to camp in good condition. This is an intense camp to prepare you for the National Tournament. If you come in good shape, then the coaching staff will be able to lighten your training as the camp progresses. Minnesota routinely is at the top of the country when it comes to number of All-Americans and National Champions! This will be our goal once again. The coaching staff will make all the decisions as to who makes the team based on performance/participation at camp.

Please make sure you have all skin diseases under control, as we cannot jeopardize other wrestlers' health during camp. If you're being treated for any skin condition, then please bring a doctor's permission slip for our camp doctor to review. Our camp doctor has the last say as to whether you are cleared for wrestling. Bring plenty of work out gear, as we have 3 practices per day and you must have clean gear for each session. Coin operated washing machines are available.

We will be taking several 15-passenger vans to Fargo, and we will be staying at the C'mon Inn located at 4338 20th Ave. SW in Fargo. The phone number is 701-277-9944

Greco wrestlers choosing to ride back in the vans will return Tuesday July 22nd. Freestyle Wrestlers will return Saturday July 26th. We will stop approximately one hour north of MPLS to allow wrestlers to call parents for rides home if needed. Agendas for the camp and tournament will be available for parents at check-in. NOTICE TO PARENTS: Wrestlers are expected to behave in a manner that meets MN USA Wrestling's high standards. Any behavior that is deemed unacceptable will result in a bus trip home at the expense of the parents. (See attached parent consent).

LIST OF THINGS TO BRING TO CAMP :

BE IN GOOD PHYSICAL SHAPE!!

BRING THE RIGHT ATTITUDE!

1 Completed registration and waiver form if it was not already mailed in to the office. It can be found at http://www.themat.com/eventfliers/2008/Waivers/2008Fargo_waiver.pdf

- ___ LINENS (SHEETS/BLANKET)
- ___ ALARM CLOCK
- ___ WORK OUT GEAR – 1 CLEAN SET FOR EACH PRACTICE
- ___ SOCKS, UNDERWEAR, WRESTLING SHOES, HEADGEAR
- ___ CLOTHES FOR NON-WRESTLING TIME
- ___ GEAR BAG
- ___ TOWELS
- ___ RUNNING SHOES
- ___ SOAP- ANTI-BACTERIAL
- ___ PERSONAL CARE ITEMS
- ___ MONEY FOR MEALS IN FARGO
- ___ EXTRA SPENDING MONEY
- ___ PILLOW (if you want an extra one)

Please do not bring more than necessary, as space in the vans will be limited. You may wish to have your extra gear picked-up before the departure to Fargo. Also, please do not bring valuable items with to camp or Fargo as MN USA Wrestling will not be responsible for lost or stolen items.

The coaching staff is looking forward to working with you!

Parent Consent Form MN/USA Wrestling

As the parent/legal guardian of _____, I give my permission for him to participate in the 2008 Minnesota National Wrestling Training Camp (Greco and/or Freestyle). If selected, I also give my permission for him to participate in the National Tournament held in Fargo, ND. I understand that my athlete will be expected to conduct himself in accordance with reasonable standards of behavior while in training and on the trip as prescribed by MN/USA Wrestling. In the event that my athlete may violate these rules or standards, I understand every effort will be made to reach me at the number listed below in the event it may become necessary to do so. However, you are authorized to put my athlete on a bus, bound towards his hometown, from Fargo or Augsburg College, whether or not you succeed in reaching me. Also, I will reimburse Minnesota/USA Wrestling for the expense of any such transportation at the current rate.

Camp: _____ Greco _____ Freestyle
(You must attend Greco camp if you are planning on competing in both styles at the National Tournament)

Wrestler's Name (Please print) _____

Date of Birth _____ 2008 USA Wrestling Card _____

Address _____ Phone # _____

Parent/Legal Guardian Name (Please Print) _____ Date: _____

Parent/Legal Guardian Signature _____

You will be sharing a room at camp. If you have a preference for a rooming partner, please indicate and we will do our best to assign rooms accordingly: _____.

Method of payment: Circle One: Cashiers Check/Money Order or Credit Card Amount enclosed: \$ _____
(\$375.00 or \$500.00)

Credit Card Information: Please print clearly

Name as it appears on Credit Card _____

Billing Address: _____
(street, city, state, zip)

Telephone Number: _____

Visa or MasterCard (Circle One) Credit Card Number: _____

Expiration Date: _____ 3 digit security code: _____

I authorize to charge the amount indicated in the Amount enclosed field identified above to the card number listed. I verify I am authorized to charge on this account.

(Signature)

(Date)

(Print Name)

Please Return Completed Forms and payment (no personal checks) to:
MN USA Wrestling
Attn: Chris Willaert Fargo Camp
PO Box 231
Cannon Falls, MN 55009